

# Pure Balance

## Essentials & Skin Care



Pure Balance Essentials & Skin Care offers an organic, fair trade product line that can assist with various levels of discomfort, illness and personal care, All products are pure and natural, blended and created by Certified Aromatherapist.

## Pain Relief

**Analgesic Oil , 20ml. \$14**

Anti-inflammatory and pain relief.

**Migraine Relief Oil , 7.5ml. \$9, 15ml. \$14**

Apply a drop of oil to the temples and gently massage into skin.

**Joint Muscle Relief Oil, 7.5ml. \$9 15ml. \$14**

Infused raw herbs with an Olive oil base. Apply a few drops to the achy joint, (knee, elbow, shoulder, hands) and gently massage the area.

**Cycles of Life Oil, 15 ml. \$14, 7.5ml. \$9**

Great for menstrual cramping or IBS symptoms. 6 drops applied to tummy and rub in clockwise motion.

**Dead Sea Salt Bath Soak, 4 oz. \$4**

## First Aid

**Peppermint - 5ml. \$14**

Add to a cup of hot water and drink as a tea to relieve upset stomach.

**Antibacterial Oil - 7.5ml. \$14, 15ml. \$24**

Great for foot/nail fungus, bug bites or scratches.

**Burn Treatment Oil - 7.5ml. \$9**

Perfect to keep in the frig next to the stove for those times we accidentally grab a hot pan or lid or sunburn.

**Tea Tree Oil - 10ml. \$9**

Great as an antiseptic for open wounds.

## Skin Care

**Mild Face Wash, 60ml. \$9**

Gently cleanses all skin types and softens the skin without the drying effect.

**Hyaluronic Acid , 15ml \$14**

Anti-aging benefits for a youthful appearance to skin

**Pure Complexion Toner, 60ml. \$9**

Balances skin's pH level.

**Lavender Facial Mask 4 oz. \$14**

Rich, natural skin exfoliate.

**Lavender Facial Scrub, 4oz. \$24.00**

A blend of Sweet Milk, Corn Meal, Lavender.

**Timeless Image, 7.5 ml. \$14, 15ml. \$19**

One of our most popular products. It moisturizes, corrects, prevents fine lines, plus has SPF.

## Massage Oil Blends

**Jojoba, Apricot Oil, 8 oz. \$24**

Jojoba oil is the closest oil to the skin's natural oil and the Apricot is very nourishing.

**Jojoba, Grapeseed Oil, 8 oz. \$24**

Grapeseed is very versatile for sensitive skin.

**Chocolate Massage Oil, 60ml. \$19**

Blend of jojoba, grapeseed, chocolate oil

**Vanilla Massage, 60ml. \$19**

Blend of jojoba, grapeseed, vanilla

## Calming

Sleep Aid, 7.5ml. \$9, 15ml. \$14

Apply to temples, wrists and back of neck.

Soothing Balm, 15ml. \$14

Apply and rub on back before bed. Also apply behind ear to help with earaches. Great for calming children with anxiety.

Soothing Scent, 15ml. \$14

Apply on wrists and temples for stress relief.

Cranial Massage Oil, 60ml. \$19

Blend of lavender, rosemary, chamomile, jojoba, grapeseed oils.

Baby's Blend Massage Oil, 10ml. \$4

Perfect natural alternative to baby creams.

## Teas

Herbal Peace Tea, 1 box, \$4

A wonderful infusion drink for quiet moments. Each tea bag makes 2 cups.

Quiet Child Tea, 1 box, \$4

This infusion has a refreshing mint flavor and calming influence. Perfect for all ages right before bedtime.

We have an extended tea menu. Just ask about it.

We can do customized blends for specific needs.

## Butters & Scrubs

### **Retain**

15ml., \$9.

To be used as after care for permanent makeup.

### **Patchouli Body Butter**

Travel Size \$4 oz. jar, \$14

Shea and Cocoa are blended with Patchouli, Orange and Geranium.

### **Lavender Body Butter**

Travel Size, \$4, 4 oz. jar, \$14

Shea and Cocoa butter with the oils of lavender, emu, coconut, apricot and grapeseed.

### **Lemongrass Body Butter,**

Travel Size. \$4, 4 oz. \$14

Rich hydrating butter for hands and body.

### **Lemongrass Sugar Scrub, 4 oz. \$14**

Infused with essential oils to moisturize and raw organic sugar to exfoliate.

Purchase the lemongrass scrub & butter, \$19

### **Lavender Facial Scrub, 4oz. \$24.00**

Organic Lavender bud, sweet milk & corn meal. Use weekly for soft glowing skin.

Purchase the lavender scrub & butter, \$29

### **Sensitive Skin Facial Scrub, 4oz. \$19**

This exfoliate is great for those with sensitive skin, yet need the additional help to clean the pores.

## About Us

All products are pure and natural. Our blends are made of specific combinations using pure essential oils carefully developed by Henry Rangel, Certified Aromatherapist, whose knowledge and experience brings you this delightful range of blends and remedies. You may place your order online, by phone or within Helping Hands Day Spa Modesto, CA.

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[www.purebalanceessentials.com](http://www.purebalanceessentials.com)

Or

[www.helpinghandsdayspa.com](http://www.helpinghandsdayspa.com)

